ABSTRACT OF THEDISCLOSURE

A resin composition comprising 70 to 99.9% by weight of ethylene-vinyl alcohol copolymer (A) and 0.1 to 30% by weight of a thermoplastic resin (B) other than the ethylene-vinyl alcohol copolymer (A) is provided. In the resin composition, an ethylene content ETa (mol%) and a degree of saponification SDa (%) of the ethylene-vinyl alcohol copolymer (A) satisfy the following equations (1) and (2):

$$25 \le ETa \le 55 \qquad (1)$$

$$90 \le SDa < 99$$
 (2), and

an oxygen absorption rate of the resin composition is $0.01 \text{ml/m}^2 \cdot \text{day}$ or more.